HELEN SANDERS 11-26-2023 RENEWED LIKE THE EAGLE

Our country, the USA, has a national symbol and it is the eagle. When they were discussing what to use, Benjamin Franklin suggested the turkey, but the eagle won out. I do believe that there are a lot of turkeys in our country right now, but that is another story.

Eagles are very powerful birds and have keen eyesight. They can see for miles, and when they fly, they fly high above other birds. It has been said that an eagle can grab a snake and take it so high into the sky that the snake dies because it can't breathe.

In Isaiah 40:31 there is a promise that has been one of my favorites. It reads like this, "They that wait upon the Lord shall renew their strength, they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint." God wants us to live overcoming-powerful lives like the eagle. He wants us to "fly high" above all that Satan tries to attack and attach on us and let those things fall off and die because they are suffocated with our faith in God's word. God wants us to shake those things off us and cause us to fly with the breath of God holding us up.

There is a season when an eagle goes to a remote place to be renewed. Their feathers have become old and weighed them down. In this place of isolation, it plucks off all its old feathers and must wait for the new ones to grow. It is said they remove age related scales from their eyes also. When the new feathers come in and their eyes are renewed, they are like they were when they were young. Their time of separation brought them renewed strength. They leave that place of isolation renewed and ready to fly high again.

Like an eagle, we must occasionally go into that secret place of the Most High and get renewed. We must pluck off the old to make ready for the new. We must remove the scales from our eyes that have kept us from seeing what God has for us now. It is a new season. It is a lonely time, but a necessary time. When we leave that place, we are renewed in spirit, soul, and body. Some of us need to go there now and let God renew us. We must let go of everything that weighs us down. Hebrews 12:1b says, "...let us lay aside every weight, and the sin which doth so easily best us and let us run with patience the race that is set before us."

As you go into that place of restoration don't focus on the problem, focus on the promises of God and you will be renewed just like the eagle. We do not have to be downtrodden and depressed even with the current world situations. We need to rise above them and soar like an eagle as we leave the heavenly throne room and have been renewed by the power of Almighty God.